

Better Care

People requiring healthcare across the East Coast of Yorkshire have a wide choice of health services – more than ever before.

Many new services are being developed for patients, closer to their home so that people do not always have to travel to hospital for their care and treatment.

Scarborough Hospital provides a full range of acute hospital services, including an A&E department.

Bridlington, Whitby, Malton and Driffield Hospitals provide many additional healthcare services.



A-Z of services at Bridlington Hospital

A
ACCESS AND COMMUNITY DENTAL

C
CHAPLAINCY
CHRONIC PAIN MANAGEMENT

D
DIABETES
DIETETICS

F
FAMILY PLANNING

G
GENITO-URINARY MEDICINE SERVICES
GASTROENTEROLOGY
GENERAL X-RAY AND
ULTRASOUND SERVICES

I
INTRAVESICAL BLADDER TREATMENT

L
LAWRENCE UNIT:
● Blood transfusions
● Botox clinic
● Deep Vein Thrombosis (DVT)
● Diagnostic tests
● Falls clinic
● Infusions
● Outpatient Care of the Elderly clinics

M
MACMILLAN WOLDS GP UNIT:
● Bowel screening
● Day centre
● Drop-in sessions
● Advice and Social Services
● Intermediate care
● Macmillan Nurse support
● Palliative care for inpatients and outpatients
● Wound clinic

MATERNITY

- All maternity care
- Aqua-natal classes
- Parentcraft classes
- Smoking cessation

MEDICAL DIAGNOSTIC UNIT (MDU):

- Electrocardiogram (ECG)
- Echocardiogram (ECHO)
- Exercise tests
- Heart scans
- Pacemaker checks
- Cardioversions
- Transoesophageal Echocardiogram (TOE) – internal ultrasound of the heart
- Rapid Access Chest Pain Clinic

MENTAL HEALTH:

- Inpatient psychiatric unit for 16-65 years
- Crisis Resolution and Home Treatment Team Service

MINOR INJURIES UNIT (MIU)

OCCUPATIONAL THERAPY

OUTPATIENT CLINICS

- Cardiology
- Cardiothoracic
- Dermatology
- Ear, Nose and Throat
- Fracture
- Gastroenterology
- General Medicine
- General Surgery

- Maxillofacial
- Neurology
- Neurophysiology

- Oncology
- Ophthalmology
- Orthopaedics
- Paediatrics
- Paediatric Surgery
- Plastic Surgery
- Rheumatology
- Specialist Glaucoma Clinic
- Specialist Nurse – Breast care, Epilepsy, Hepatitis C
- Surgical Appliances
- Urology
- Urodynamics

PATIENT ADVICE AND LIAISON SERVICE (PALS)

PHARMACY

PHYSIOTHERAPY

PODIATRY

PRE-OPERATIVE ASSESSMENT SERVICE

RADIOLOGY
RENAL DIALYSIS

SPEECH AND LANGUAGE THERAPY, INCLUDING PAEDIATRIC SPEECH THERAPY

SURGERY:

- General surgery
- Gynaecology
- Oral
- Orthopaedics
- Urology

New developments for 2009

Arrhythmia Clinic – for people with irregular heartbeats, led by a consultant cardiologist

New Cardiac Specialist Nurse

Visiting CT Scanner

GP Access Centre from June 2009 – at Bridlington Hospital providing access to a range of GP and nursing services daily 8am to 8pm, including weekends and bank holidays.

Dizziness Investigation clinic – led by Consultant, Care of the Elderly

Neighbourhood Health Team (NHT)

New 24 hour service of nursing staff, social services staff and therapists, working together and supported by additional specialists and GPs. To provide intermediate care in community hospitals and in patients own homes.

Rehabilitation Unit

Intensive rehabilitation care for stroke and orthopaedic patients.

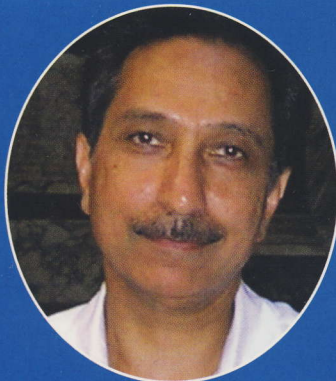
Surgical five-day ward to be developed

Urgent Access Consultant Clinics (UAC) Monday – Friday 9.30am-5.30pm

Renal Dialysis Unit – opened 2008



What's new



Bridlington Hospital has a new consultant, **Mohammed Ilyas**, as part of the drive to introduce more health services in Bridlington.

Patients coming into hospital in Scarborough and Bridlington are seeing low numbers of hospital acquired infections, compared with other hospitals around the country.

Figures for MRSA and C Difficile were below average earlier this year and the Trust is confident that it will see further improvements.

More specialist clinics have been introduced at Bridlington Hospital. The new clinics are part of the drive to introduce new services to Bridlington Hospital.

Additional general gastroenterology clinics examine people with conditions affecting their gastrointestinal tract, such as colitis and cancer of the colon. A specialist rectal clinic is also being introduced for patients who experience unexplained bleeding.

A new hysteroscopy service, for women with heavy or irregular periods and other problems concerning the womb lining or cavity, has started at Scarborough Hospital.

It will help with investigating infertility problems or recurrent miscarriages, and in taking biopsies and samples from the womb lining.

It has been made possible thanks to more than £50,000 of funding from the Humber and Yorkshire Cancer Network.

A new Neighbourhood Health Team is now based at Bridlington Hospital focusing on the development and delivery of care closer to home.

They are helping patients to be treated in their own home, avoiding, where possible, admissions to hospital and promoting early discharge from hospital.

Richard Sunley is the new Chief Executive at Scarborough and North East Yorkshire Healthcare NHS Trust.





Bridlington Hospital now has a new 12-station Renal Dialysis Unit for patients living in and around the Bridlington area.

complete with birthing pool and overnight stay facilities for relatives. Midwifery-led births will no longer be provided at Bridlington, Malton and Whitby Hospitals after this time.

Children who require complex hospital-type treatment are being supported in their own homes and kept out of hospital, thanks to the contribution of two Outreach Children's Nurses based at Scarborough Hospital.

People suffering with heart failure in the Scarborough, Whitby and Ryedale areas are being successfully rehabilitated at home and avoiding hospital admissions, thanks to two specialist nurses.

A new clinic to be held at Bridlington Hospital will use special equipment to find out why people sometimes lose consciousness or have unexplained blackouts. The 'Falls and Syncope' clinic will test and help people who may suffer unexplained blackouts and falls, due to heart or neurological problems.

The Heart Failure Nurses can take referrals from GPs or from hospital cardiologists who identify patients that could benefit from help in the community. They devise a suitable treatment plan, ensure a patient's medication is appropriate and educate them on their condition so they can manage it better and hopefully avoid hospital admissions.

A new midwifery-led unit is now being built at Scarborough Hospital, which will open in summer 2009.

Women from Scarborough, Bridlington, Malton and Whitby areas, whose babies are due from June and July onwards may be able to deliver their babies in the new three-bedded unit at Scarborough.

The new midwifery-led unit will provide a homely, short stay, non-technical birthing environment,

Hilary Woodward is the new modern matron at Bridlington Hospital. Hilary will be instrumental to the Hospital's future and will be responsible for leading the nursing staff and, working alongside the trust's business managers, will help improve quality of care for patients.



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What patients feel about their NHS

Visitors to Scarborough Hospital are increasingly satisfied with their experience in A&E as the hospital trust was rated in the top 20 per cent in a recent sample survey.

In the survey, 83 per cent of people said that their reason for visiting A&E was dealt with to their satisfaction. One of the patients who responded said: "From when I first arrived I was treated with respect and my concerns were dealt with. Good nurses and doctors, nothing was too much trouble."

While another said: "I cannot fault the care and attention I received. I would not still be alive if it wasn't for these people. They are stars. They need medals."

Your views count

Local people have already given feedback on hospital services in the first part of the Scarborough Strategic Review. This looked at hospital services covering the Scarborough, Whitby, Ryedale and Bridlington areas of North and East Yorkshire.

Led by hospital doctors, local GPs and other clinical staff, the review has identified ideas for new ways of working, better links with other hospitals and the integration of services.

We will keep people updated on local improvements as the review progresses. There will be more information in the next edition of *Your NHS*.



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